

31st Annual

Kolacky Days

BUN RUN

Sunday ★ July 25, 2010 ★ 10:30 a.m.

★ Four Mile Road Race ★

- Open to any male or female runner
 - Course of asphalt & gravel – flat & fast!
 - Starts & finishes on Parade Route
- Traditionally this is a hot weather race, so drink appropriate liquids & pace yourself properly.*

Pre-Registration – \$15
closes Monday, July 19, 5 p.m.

Late or Day-of Registration – \$20

Registration opens at 9 a.m.
Montgomery Public Library
Corner of First Street & Oak Avenue
(3 blocks E of Hwy.13 on Oak Avenue)
Registration closes at 10:15 a.m.

★ Two Mile Fitness Walk ★

10 a.m. Start

- Starts & finishes on Parade Route
- Registration info same as above

★ Age Group Records ★

15 & under	Chris Lundstrom	21:01	1991
16-18	Jay Wallace	20:23	1982
19-27	Paul Gisselquist	19:11	1987
28-34	Joe Reynolds	19:55	1991
35-44	Dave Griffith	20:42	1983
45-54	Dick Ruhland	21:29	1994
55-59	Thom Weddle	22:51	1995
60 & over	John Brown	27:04	2004
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15 & under	Bria Wetsch	23:26	2000
16-18	Bonnie Sons	22:12	1984
19-27	Bonnie Sons	22:58	1989
28-34	Deb Gormley	22:34	1995
35-44	Sherry Case	23:56	1995
45-54	Marcy Giles	23:20	1995
55-59	Judy Cronen	28:16	1996
60 & over	Rosemary Hamly	34:33	2007

★ Bun Run Prizes ★

1st, 2nd, & 3rd place trophies
to all age group winners!

Special Winner Shirts for
1st, 2nd, & 3rd
Male and Female!

◆ Awards may be picked
up before parade at the
registration area. ◆

★ Water available after the race! ★

★ Kids' Half Mile ★

11:45 a.m. Start

- Open to any boy or girl, ages 12 & under. Divisions are "9 & under" and "10 to 12" for both boys & girls.
- 1st, 2nd, & 3rd place trophies for each division.
- Starts & finishes on Parade Route.

Pre-Registration – \$10*
closes Monday, July 19

* \$8 Pre-registration for Montgomery-Lonsdale students 12 & under! (M-L Cross Country picks up \$2 of each \$8 pre-registration fee.)

Late or Day-of Registration – \$12

Registration opens at 10:45 a.m.
Center Stage Dance parking lot
SW corner of Blvd. & First Street

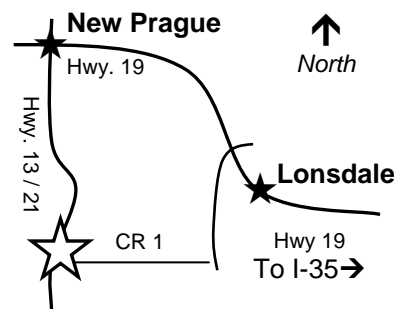
★ BUN RUN SPONSORS ★

Presenting Plus



Thank You to:

- Center Stage Dance
- Classic Creations



MONTGOMERY

Mail Fees & Form Below to:
BUN RUN
206 First Street S
Montgomery, MN 56069
For more info call: 507-364-5577 or
email: kolacky@frontiernet.net

**ONLY PRE-REGISTERED RUNNERS / WALKERS
ARE GUARANTEED A T-SHIRT!!!**

NAME _____

(please print)

ADDRESS _____

Age _____

Sex : Male Female

CITY _____ STATE _____ ZIP _____ PHONE _____

I AM ENTERING: 4 Mile Race Kids' ½ Mile Race 2 Mile Walk

**T-Shirts for Pre-registered
Runners / Walkers:**

Adult Sizes: Small Medium Large XL XXL

Children Sizes: Small Medium Large

Knowingly, and at my own risk, I hereby apply to enter an athletic contest and so hereby waive and release all claim to damages that I may incur as a direct or indirect result of my participation in this event against the City of Montgomery, Montgomery Area Community Club, Mobilize Montgomery, or any employee, official or elected officer of these organizations for said injuries.

Participant's
Signature _____

(or guardian's signature if participant is under 18)