



44TH ANNUAL

KOLACKY DAYS BUN RUN

5K ROAD RACE • KIDS' HALF MILE • 2-MILE FITNESS WALK



SUNDAY, JULY 30, 2023



5K ROAD RACE

- TRADITIONALLY THIS IS A HOT WEATHER RACE SO DRINK APPROPRIATE LIQUIDS AND PACE YOURSELF PROPERLY

- OPEN TO ANY MALE OR FEMALE RUNNER
- AGE DIVISIONS FOR BOTH MALE AND FEMALE ARE 0-15, 16-18, 19-29, 30-39, 40-49, 50-59, 60-69, AND 70 & OVER
- POINT TO POINT EVENT
- COURSE MAP, PARKING INFORMATION, AND

Medals to 3rd to ALL Age Division Winners!

REGISTRATION OPTIONS ON BACK

RACE TIME
9:30 AM

REGISTRATION
PRE-REGISTRATION - \$25.00
CLOSES WEDNESDAY, JULY 12TH

LATE OR WALK UP REGISTRATION - \$30.00
OPENS AT 8:00 AM AT TCU ELEMENTARY – MONTGOMERY
101 2ND ST. NE, MONTGOMERY, MN 56069
REGISTRATION CLOSES AT 9:15 AM

PRIZES MAY BE PICKED UP AT THE FINISH LINE AREA IMMEDIATELY AFTER THE RACE. MUST BE PRESENT AFTER THE RACE TO RECEIVE YOUR TROPHY. TROPHIES WILL **NOT** BE MAILED OUT.

Online Registration Available! Visit kolackadays.com!

Special Prize for Top 3 Male & Female Overall Winners!

KIDS' HALF MILE RACE

- OPEN TO ANY KLUK (BOY) OR HOLKA (GIRL) AGES 12 & UNDER
- DIVISIONS ARE "7 & UNDER", "8 – 9" AND "10 – 12" FOR BOYS AND GIRLS
- STARTS AND FINISHES ON PARADE ROUTE
- COURSE MAP, PARKING INFORMATION, AND REGISTRATION OPTIONS ON BACK

Medals to 3rd!

RACE TIMES

11:30 AM (10-12 YEARS)
11:35 AM (8 - 9)
11:40 AM (7 – UNDER)

REGISTRATION

PRE-REGISTRATION - \$13.00
CLOSES WEDNESDAY, JULY 12TH

LATE OR WALK-UP REGISTRATION - \$18.00
OPENS AT 10:30 AM @ CENTER STAGE DANCE PARKING LOT ON THE SW CORNER OF BOULEVARD AND 1ST STREET

2-MILE FITNESS WALK

- OPEN TO ANY MALE OR FEMALE OF ANY AGE
- POINT TO POINT EVENT
- COURSE MAP, PARKING INFORMATION, AND REGISTRATION OPTIONS ON BACK

Join Us Next Year on July 28, 2024!

REGISTRATION

PRE-REGISTRATION - \$25.00
CLOSES WEDNESDAY, JULY 12TH

LATE OR WALK-UP REGISTRATION - \$30.00
OPENS AT 8:30 AM AT TCU ELEMENTARY – MONTGOMERY
101 2ND ST. NE, MONTGOMERY, MN 56069
REGISTRATION CLOSES AT 9:15 AM
9:30 AM START

Montgomery Area Community Club Inc. | 206 1st St. S | Montgomery, MN 56069

www.montgomerymn.org | kolackadays@gmail.com

Find Us On:





KOLACKY DAYS BUN RUN

5K ROAD RACE • KIDS' HALF MILE • 2-MILE FITNESS WALK



SUNDAY, JULY 30, 2023

REGISTRATION OPTIONS

REGISTER **ON-LINE** BY VISITING WWW.KOLACKYDAYS.COM, **DROP OFF** OR **MAIL** FEES AND FORM TO:

BUN RUN | 206 1ST ST. S | MONTGOMERY, MN 56069

MAKE CHECKS PAYABLE TO MONTGOMERY AREA COMMUNITY CLUB

NAME _____ AGE _____ SEX MALE FEMALE
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 PHONE _____ EMAIL _____ RACE 5K KIDS' ½ MILE 2 MILE FITNESS WALK
 T-SHIRT SIZE FOR PRE-REGISTERED ADULT SIZES: Extra Small Small Medium Large X-Large XX-Large

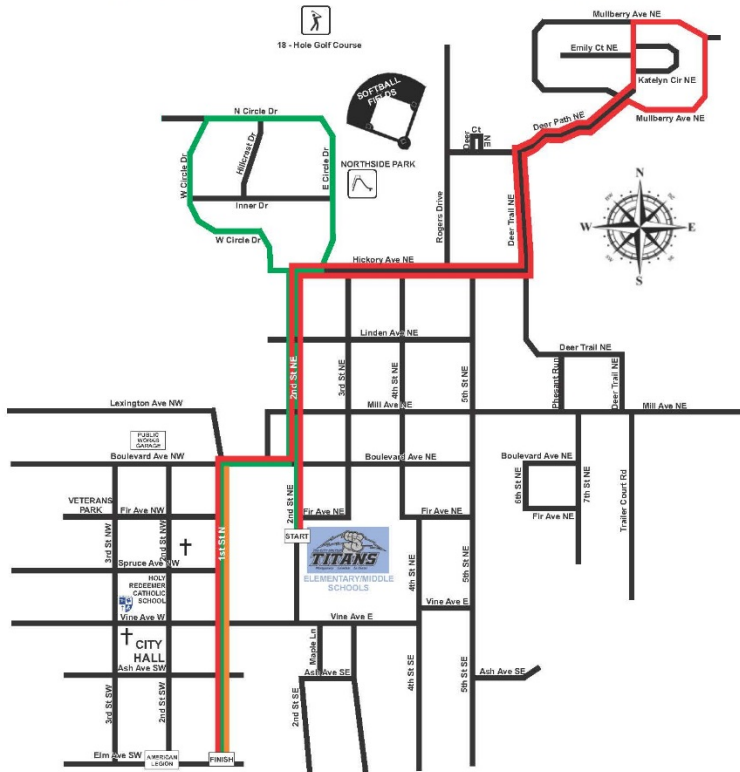
YOUTH SIZES:

Small Medium Large

Kolacky Days - Montgomery, MN

Vitans Vis to the Kolacky Capital of the World's Annual Summer Celebration!

5K BUN RUN - 2 MILE FITNESS WALK - KIDS ½ MILE RACE



Knowingly, and at my own risk, I hereby apply to enter an athletic contest and so hereby waive and release all claim to damages that I may incur as a direct or indirect result of my participation in this event against the City of Montgomery, Montgomery Area Community Club, or any employee, official, or elected officer of these organizations for said injuries.

PARTICIPANT'S SIGNATURE

(or guardian's signature if participant is under 18)

PARKING

Parking is available near the starting line as the school has multiple parking lots. The closest one is located on 2nd St. NE, which can entered off of Boulevard Ave. All 3 events end on 1st Street S at the corner of Elm Ave. and 1st St. S. The public library has a parking lot that you may park at. The start and finishing lines are about 4 blocks apart. Parade lineup occurs on the west side of town so parking is limited west of 1st St.

KOLACKY DAYS
 MONTGOMERY, MN
 507-953-0094
WWW.KOLACKYDAYS.COM
 FIND US ON

PRE REGISTRATION IS RECOMMENDED. YOU ARE GUARANTEED A T-SHIRT WHEN PRE REGISTERING. REGISTRATION WILL ALSO BE OPEN THE DAY OF THE EVENT.

JOIN US IN MEMORIAL PARK AFTER THE PARADE FOR BEER, FOOD, CRAFTS, MUSIC & ENTERTAINMENT AND KIDS ACTIVITIES!